

How to Work in Aquatics

with the Township of Langley

Start by volunteering!

14+ years

Police Information Check (PIC)*

Swim Instructor (SI) - preferred

Bronze Cross - preferred

** Required for 16+ years only.
Obtain PIC from Aquatics Department.*

Then choose your path

Recreation Facility Attendant

15+ years

First Aid, CPR C & AED

Bronze Cross – preferred

Aquatic Instructor

16+ years

Standard First Aid, CPR C & AED

National Lifeguard Pool (NL)

Swim Instructor (SI)

Lifeguard and Swim Instructor

16+ years

Standard First Aid, CPR C & AED

National Lifeguard Pool (NL) and National Lifeguard Waterpark (NLWP)

Swim Instructor (SI)

We recommend taking the advanced aquatic courses in the following order:

Bronze Medallion

Bronze Cross

Standard First Aid (CPR C & AED)

Swim Instructor Course

National Lifeguard Pool

National Lifeguard Waterpark

Aldergrove
Community Centre

Walnut Grove
Community Centre

W.C. Blair
Recreation Centre

Find advanced aquatics course details on the back.

Instructor Courses

Course	Prerequisite/Age Requirements	Course Requirements/Comments	Number of Hours
Swim Instructor (SI)	<ul style="list-style-type: none"> ✓ Bronze Cross ✓ 15+ years 	<ul style="list-style-type: none"> ✓ 100% attendance ✓ Able to perform Swimmer 6 strokes and skills ✓ Teaching experience included within course (8 hours) 	40
Swim Instructor Recertification (SIR)	<ul style="list-style-type: none"> ✓ Past Swim Instructor award 	<ul style="list-style-type: none"> ✓ 100% attendance 	4
Lifesaving Instructor (LSI)	<ul style="list-style-type: none"> ✓ Bronze Cross ✓ 15+ years 	<ul style="list-style-type: none"> ✓ Worth three grade 11 credits when combined with Bronze Cross ✓ 100% attendance 	32

Lifeguard Courses

Course	Prerequisite/Age Requirements	Course Requirements/Comments	Number of Hours
Canadian Swim Patrol	<ul style="list-style-type: none"> ✓ Swimmer 6 or equivalent ✓ 8-12 years 	<ul style="list-style-type: none"> ✓ Able to swim 25 m and tread water for 1 minute 	Varies
Bronze Star	<ul style="list-style-type: none"> ✓ 12+ years 	<ul style="list-style-type: none"> ✓ Able to swim 400 m 	10-12
Bronze Medallion	<ul style="list-style-type: none"> ✓ Bronze Star recommended OR ✓ 13 years by course end date 	<ul style="list-style-type: none"> ✓ Canadian Lifesaving Manual ✓ Able to swim 400 m in 12 minutes 	20
Bronze Cross	<ul style="list-style-type: none"> ✓ Bronze Medallion 	<ul style="list-style-type: none"> ✓ Worth two grade 11 credits ✓ Able to swim 400 m in 11 minutes 	20
National Lifeguard Pool (NL)	<ul style="list-style-type: none"> ✓ Bronze Cross ✓ Standard First Aid (need not be current) ✓ 15+ years 	<ul style="list-style-type: none"> ✓ Alert Manual ✓ Able to swim 400 m in 10 minutes 	44
National Lifeguard Waterpark (NLW)	<ul style="list-style-type: none"> ✓ National Lifeguard Pool ✓ 15+ years 	<ul style="list-style-type: none"> ✓ 100% attendance 	24
National Lifeguard Recertification (NLR)	<ul style="list-style-type: none"> ✓ Past NL Pool award 	<ul style="list-style-type: none"> ✓ 100% attendance 	8
National Lifeguard Waterpark Recertification (NLWR)	<ul style="list-style-type: none"> ✓ Past NLWP award 	<ul style="list-style-type: none"> ✓ 100% attendance 	8

First Aid Courses

Course	Prerequisite/Age Requirements	Course Requirements/Comments	Number of Hours
Emergency First Aid (EFA) (includes CPR C & AED)	<ul style="list-style-type: none"> ✓ 14+ years 	<ul style="list-style-type: none"> ✓ Canadian First Aid Manual 	8
Standard First Aid (SFA) (includes CPR C & AED)	<ul style="list-style-type: none"> ✓ 14+ years 	<ul style="list-style-type: none"> ✓ Canadian First Aid Manual 	16
Standard First Aid Recert (SFAR)	<ul style="list-style-type: none"> ✓ Past SFA award ✓ Must be taken every three years 	<ul style="list-style-type: none"> ✓ Canadian First Aid Manual 	8

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